



**Martial Arts Class Schedule**  
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MONDAY & WEDNESDAY				TUESDAY & THURSDAY				FRIDAY				SATURDAY	
Mat A		Mat B		Mat A		Mat B		Mat A		Mat B		Mat A	Mat B
9	Boxing	9		9	Kickboxing	9		9		9		9	Free Women Self Defense class
												11	Nobody MMA Fight Team
430	4-7yr olds Kaju	430	8-12yr old Kaju	430	4-7yr old Kaju	430	7-12yr old Kickboxing	430	WKF Elite Sport Karate	430	Youth Kickboxing Team	FAMILY PACKAGES AVAILABLE	
530	8 and up Adv. Kaju	530	7-12yr old Gi Jiu Jitsu	530	8-12yr old Kaju	530	7-12yr olds Boxing	6	Open Mat	6	Open Mat	MILITARY DISCOUNTS	
630	13-up Muay Thai Beginners	630	13 and up No Gi Jiu Jitsu	630	13-up Boxing Beginners/Conditioning	630	13-up Gi Jiu Jitsu	730	Judo	730		PRIVATE TRAINING AVAILABLE	
730	Muay Thai Int/Adv	8	Open Roll	730	Boxing Technique Int/Adv	8	Open Roll					*Class schedule subect to change	